

# Oconto Clover Connect

I pledge my **head** to clearer thinking, my **heart** to greater loyalty, my **hands** to larger service, and my **health** to better living, for my club, my community, my country, and my world.



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## January 2023

Happy New Year 4-H Family and Friends!

It is the perfect time to reflect on the year behind us and plan for the New Year ahead! What were you able to accomplish last year? What are some goals you would like to achieve this coming year? How can 4-H get you there? There are some amazing opportunities coming up at the local, state, national, and even international levels of 4-H. Could you be a participant, volunteer, chaperone, youth leader, or leader for one of these opportunities? The sky is the limit and we are here to help you achieve your goals!

Be sure to check out this issue for opportunities to explore 4-H and all it has to offer. Take a peek at the Happier January calendar included for some great tips and ideas for your family to start the year off right! We would love to hear from you about how your 4-H experiences are going and/or to see some photos of you in action! Don't hesitate to reach out to [aimee.elkins@wisc.edu](mailto:aimee.elkins@wisc.edu).

## Contact Us

Extension Oconto County

[4h@co.oconto.wi.us](mailto:4h@co.oconto.wi.us)

920-834-6845

<http://oconto.extension.wisc.edu>



Oconto County 4-H

Oconto County Courthouse

301 Washington St.

Oconto, WI 54153



Four-ward Together!

Aimee Elkins

4-H Youth Development Educator

Marinette and Oconto Counties

## CALENDAR OF EVENTS

1/21	Acrylic Painting Night – 6:00 pm	Oconto Falls Town Hall 8680 Hwy 22 Oconto Falls
2/3-2/5	Winter Leadership Camp	Spencer Lake Camp Waupaca, WI
2/11	Green Bay Gamblers Game – 7:05 pm	Resch Center Green Bay
4/14-4/20	National 4-H Conference	Washington DC
4/20-4/24	WI 4-H Space Camp	Huntsville, Alabama
8/1-8/4	Summer Camp	Camp Bird

## Member Re-Enrollment

As of September 1<sup>st</sup>, members may go to [v2.4honline.com](http://v2.4honline.com) and re-enroll in the 4-H program for 2022-2023. All 4-H members, youth and adult, must re-enroll each year in order to participate in a 4-H club, county, state, national, and international activities. Even if you just became a member in August, you must go back and re-enroll for the New Year.

If you have questions or need any help with the re-enrollment process, feel free to contact the Extension office at 920-834-6845 or [4h@co.oconto.wi.us](mailto:4h@co.oconto.wi.us).

**\*\*MEMBERS AND LEADERS MUST RE-ENROLL EACH YEAR BY NOVEMBER 30th\*\***

- Regular members must be in third grade or older
- Cloverbuds (children in 5K through 2<sup>nd</sup> grade) should be listed in your club enrollment. Cloverbuds can participate in club activities. They can exhibit at the County Fair, only in the Cloverbud category, and do not receive premiums
- New members can join at any time, but must enroll by April 30<sup>th</sup> to enter in the Fair
- April 30<sup>th</sup> is the deadline to add or drop projects
- You must be enrolled in a project in order to exhibit at the Fair in that project

\*If your child has their own email address, please be sure to update their profile with that information so they receive all of the emails that are sent out\*



## Cookie Exchange/Card Making Success!

The cookie exchange and card making event that was held on December 10 was a success! The cards were delivered to local Law Enforcement, Veterans, and nursing home residents.





## 2022 Achievement Night

A special thank you to everyone who helped make the 2022 achievement night a success!



## Gamblers Game

Join us for a fun night of Hockey at the Green Bay Gamblers game on Saturday, February 11. Please RSVP to our office and let us know if any special accommodations are needed.

**4H FUN**  
at the  
**GAMBLERS**  
**GAME!**

**RSVP BY  
FEB 6TH**

**Beach  
night!**

**FUN FOR THE WHOLE FAMILY!**  
\$11 per ticket for enrolled 4H member  
\$16 non 4H member ticket  
**SATURDAY FEBRUARY 11TH 7:05PM**

**RSVP TO THE UW EXTENSION OFFICE**  
AMY.BREHMER@CO.OCONTO.WI.US OR 920-834-6845

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.

Como empleador que brinda igualdad de oportunidades en el empleo y acción afirmativa (EEO/AA, por sus siglas en inglés), la University of Wisconsin-Madison Division of Extension, proporciona igualdad de oportunidades en el empleo y en sus programas, incluyendo los requisitos del Título VI, Título IX, y de la ley federal para personas con discapacidades en los Estados Unidos (ADA, por sus siglas en inglés) y los requisitos de la Section 504 del Rehabilitation Act.



## Acrylic Painting Night

Back by Popular demand!! The Willing Worker 4-H Club is once again hosting an acrylic painting night instructed by the amazing Kathie Beschta. Explore your spark of art, and creativity with this class! Space is limited so sign-up with the 4-H Office today!



# OCONTO COUNTY 4-H

## Acrylic Painting Night

- ✿ Saturday January 21st at 6:00 p.m.
- ✿ Oconto Falls Town Hall- 8680 Hwy. 22
- ✿ Contact the Oconto County 4-H Office with questions, requests for accommodations, and to RSVP by January 18th- space is limited!  
[amy.brehmer@oconto.co.wi.us](mailto:amy.brehmer@oconto.co.wi.us) or 920-834-6845



## Winter Leadership Camp – February 3-5, 2023

We are excited to offer Winter Leadership Camp again. We are planning a fun-filled over-night experience for our older youth at Spencer Lake Camp in Waupaca. We look forward to seeing you there! Registration deadline is January 13.



Oconto County 4-H

# SPARK YOUR LEADERSHIP

**4-H WINTER LEADERSHIP CAMP 2023**  
**February 3-5, 2023**  
SPENCER LAKE CAMP, WAUPACA

**Who:** Youth in Grades 7-12 & 4-H Membership not required  
**Cost:** Oconto 4-H Members \$32 non-members \$130  
(reach out to your local educator if you need financial assistance)

Come connect with other youth from different counties,  
while adding to your leadership tool box and having fun!

**Register here:**




  Extension  
UNIVERSITY OF WISCONSIN-MADISON

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## Discover 4-H Series

Have you signed up yet for our two Discover 4-H Series? These are FREE opportunities for both non-members and members to learn more about what 4-H is and some of our different project areas. We are able to offer this these at no cost thanks to a grant from the Wisconsin 4-H Foundation! If you'd like to sign up, please visit: <https://go.wisc.edu/756vd7>.




### Discovering 4-H Series Grades K-2

**Head, Heart, Hands, and Health**  
Have fun! Explore each 'H' with us!




For questions, contact your  
Local Extension Office




**JOIN US VIA ZOOM!**  
6:00 – 7:00 pm

- January 17– Head– Straw Rockets
- January 31– Heart– “The Day You Begin” Book
- February 14 –Hands – Lava Mug Cake
- February 28– Health– Happy minds and bodies



**Scan QR Code to register today!**  
Registration deadline: January 6  
Receive a box with supplies, a supply list, and connect information for the interactive zooms!


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### Discovering 4-H Series Grades 3-6

**Let's Celebrate Together!**

- Get to know new friends
- Create paper art
- Learn science with food
- Add wellness to your routine
- Play interactive games



**JOIN US VIA ZOOM!**  
Jan. 24, Feb. 7, Feb. 21  
6:00 p.m.–7:00 p.m.  
Registration open until Jan. 6

**CONTACT**  
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Local Extension Office.

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## Save the Date – Tri County Summer Camp

We are so thrilled to have the opportunity to host a tri-county summer camp again in 2023!! If you or anyone you know may be interested in being a camp counselor this year sign up right away! Camp isn't possible without our wonderful camp counselors, so please consider being a counselor. Also, we will be looking for adult chaperones, if you are interested please contact Aimee Elkins.

# Calling all camp staff!

Snow might be falling, but we're already looking ahead to a GREAT WEEK OF 4-H SUMMER CAMP! (Reserve August 1 -4, 2023 on your calendar.)

We are seeking youth currently in grades 8 - 13 to act as camp counselors and waterfront staff at our many 4-H opportunities this summer. We are intending to host 3 day camps and one week-long residential camp (4 days, 3 nights for campers.) Youth will not need to lead in every camp offered.

The camp application will be open from December 15th - January 15th. Applicants will be invited to initial trainings upon application.

**Find the camp application at:**  
[tinyurl.com/23CampCo4H](https://tinyurl.com/23CampCo4H).



## Submissions Wanted!

Did you want to share about a successful 4-H event that you just hosted? Do you have an upcoming 4-H event that you want to promote? Do you have a fun experience or 4-H story to share? Send your news, notes, reports, and articles to us along with a photo, and we'll include in the next issue. See below for our email and mailing addresses.

**Deadline: All contributions are due by the 15th of the month to make it into the next publication.**

## Feedback

Please do not hesitate to provide feedback, both positive and negative to us. Sharing your thoughts, ideas, and observations helps your Extension Office do the best we can to serve you. Please send us an email so that we can follow up with you.

# Oconto Clover Connect

## How to Contact Us

**Telephone:** 920-834-6845

**Email:** [4h@co.oconto.wi.us](mailto:4h@co.oconto.wi.us)

**Website:** <https://oconto.extension.wisc.edu/>



**Oconto County 4-H**



UW-MADISON EXTENSION

## Staff

Aimee Elkins: 4-H Program Educator; [aimee.elkins@wisc.edu](mailto:aimee.elkins@wisc.edu)

Amy Brehmer: Extension Program Assistant; [amy.brehmer@co.oconto.wi.us](mailto:amy.brehmer@co.oconto.wi.us)

## Oconto County 4-H Leader's Association Board of Directors

President – Brooke Schaal (Little Seedlings)

Vice President - Brigid McDowell (Little River)

Secretary – Amber Seitz (Morgan Badgers)

Ann Sievert - Treasurer (Morgan Badgers)

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# Happier January 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Find three things to look forward to this year

2 Make time today to do something kind for yourself

3 Do a kind act for someone else to help brighten their day

4 Write a list of things you feel grateful for and why

5 Look for the good in others and notice their strengths

6 Take five minutes to sit still and just breathe

7 Learn something new and share it with others

8 Say positive things to the people you meet today

9 Get moving. Do something active (ideally outdoors)

10 Thank someone you're grateful to and tell them why

11 Switch off all your tech at least an hour before bedtime

12 Connect with someone near you - share a smile or chat

13 Take a different route today and see what you notice

14 Eat healthy food which really nourishes you today

15 Get outside and notice five things that are beautiful

16 Contribute positively to your local community

17 Be gentle with yourself when you make mistakes

18 Get back in contact with an old friend

19 Focus on what's good, even if today feels tough

20 Go to bed in good time and allow yourself to recharge

21 Try out something new to get out of your comfort zone

22 Plan something fun and invite others to join you

23 Put away digital devices and focus on being in the moment

24 Take a small step towards an important goal

25 Decide to lift people up rather than put them down

26 Choose one of your strengths and find a way to use it today

27 Challenge your negative thoughts and look for the upside

28 Ask other people about things they've enjoyed recently

29 Say hello to a neighbour and get to know them better

30 See how many people you can smile at today

31 Write down your hopes or plans for the future



ACTION FOR HAPPINESS

Happier · Kinder · Together





## 4-H Club Meetings

Almost every 4-H club holds **regular** club meetings. Even within the same club, no two club meetings are the same. Ideally, every meeting should have three parts—**recreation (fun)**, **business**, and **learning**. Youth leadership plays a huge role in the success of a club.

Most clubs have youth officers (president, vice president, secretary, treasurer, and other selected roles) who are responsible for running each meeting. Youth leaders not only gain excellent life skills, they help to keep the meeting relevant and fun for members of all ages. All youth have a responsibility to contribute to their clubs through their voice and their actions!

### What is **my role** as an adult?

Adults help create a safe, positive atmosphere for all 4-H members when they empower and encourage youth. While at a meeting, it's important to be a positive role model for everyone in attendance. Caring adults play an important role in the mental health of youth, and 4-H can help connect youth with positive adults.



Reprinted with permission from North Dakota State University  
Extension Center for 4-H Youth Development



Credit: Lisa Ostrenga

### Make this a **positive experience**.

1. Actively listen to all 4-H members.
2. Let youth run the meeting. It's their club!
3. Attend as many meetings as possible.
4. Ask your club leader how you can help.
5. If you have a hobby or skill, consider offering to be a guest speaker!

### Should I **stay** or should I **go**?

It's strongly recommended that parents/guardians attend the 4-H meeting with your child. Club meetings provide great opportunities to learn with other club members, but the learning doesn't stop there. By attending the meeting, you can reflect on the meeting together and continue the education outside the club.

Parliamentary Procedure Answer Key (see Member Edition):

1. Motion | 2. Second | 3. Discuss | 4. Re-state the motion | 5. Vote





## Get to Know Your Club

All 4-H clubs have adult leaders and youth decision makers. Most clubs have youth officers, like a president or a treasurer. Fill in the name and role of your club leaders, and then ask them a question. Try to meet a new club member that you don't know yet, too!

Role	Name	Question	Answer
Adult Leader		How long have you been the club leader?	
Youth President/Leader		What's the best part of being a club officer?	
		How many years have you been in 4-H?	
		What's your favorite hobby outside of 4-H?	
		What's your favorite part of 4-H?	

## How is the meeting run?

Most 4-H clubs use **parliamentary procedure** to make club decisions. See if you can put the five steps of this procedure in order. Each step is written in **bold**. The answers are found at the bottom of the adult edition.

**Re-state the Motion**—The president restates the motion before the group votes.

1. \_\_\_\_\_

**Discussion**—The motion is discussed by all members. Members might want to bring up good or bad things about the motion, or maybe find some ways that it needs to be changed.

2. \_\_\_\_\_

**Motion**—A motion is a request that something can be done. Only one motion should be placed before the group at one time. A motion can be discussed and changed.

3. \_\_\_\_\_

**Vote**—The group votes to decide if they will pass or deny the motion. Voting usually happens by voice. Members say “aye” if they agree, and “nay” if they disagree. Voting sometimes happens in other ways (secret ballot, show of hands).

4. \_\_\_\_\_

**Second**—If someone agrees with the motion, they can “second the motion,” which means it can be discussed by all members.

5. \_\_\_\_\_

*Adapted from Quick and Easy Guide to Parliamentary Procedure, Wisconsin 4-H Southern District Leadership Team, 2001.*

## How are you a part of parliamentary procedure as a club member?

*Exploring 4-H for New Families is developed by Heidi Vanderloop Benson, Chippewa County 4-H Program Educator and Ben Hoppe, Brown County 4-H Program Educator, UW-Madison Division of Extension.*

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*bellin*health | Fitness

**FREE & OPEN TO THE PUBLIC!**

**JANUARY**  
**FAMILY NIGHT**

**FRIDAY, JANUARY 13TH**  
**4:00 PM – 6:30 PM**

**• CRAFTS • HEALTHY SNACKS • OPEN SWIM •  
ACTIVITIES THROUGHOUT THE BUILDING!**

Thank you to our event partners for making Family Night possible:

